



What to do in Crans-Montana

Your visit to Guarda Golf Hotel & Residences can be as quiet and relaxing as you wish, with excellent food and an award-winning spa onsite, or filled with activities and exploration, with a vast choice of things to do in the immediate area, or a little further afield.

Here, we have listed many of the possible activities, including local choices, half-day or full-day trips and family friendly. 😊



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Guarda Golf Hotel & Residences – Route des Zirès 14 – 3963 Crans-Montana – Switzerland
Tel.: +41 27 486 2000 – Fax: +41 27 486 2001 – info@guardagolf.com – www.guardagolf.com



Winter Sports

Downhill skiing is just the tip of the iceberg: Crans-Montana is the heart of winter sports, with almost every one that you can think of.

DAY TRIPS

Winter Sports in Zermatt or Verbier

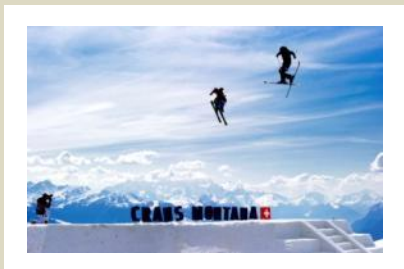
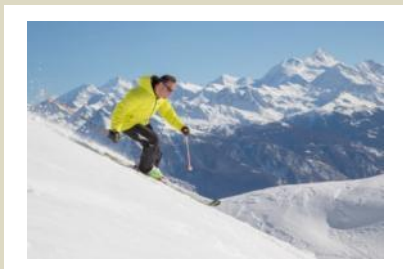
Our Favourite

*The latest trend:
cross-country skiing ski-
in ski-out directly from
the hotel*

CRANS-MONTANA

- 👤 140 km of ski slopes
- 26 km of cross-country skiing
- Snowshoeing
- 👤 Ice-skating
- 👤 Sledging
- 👤 Curling
- 👤 Husky Sledding
- 👤 Snow tubing
- Snowpark with half-pipe
- 👤 Weekly torch light ski descents
- Heliski
- Paragliding
- 👤 Snow Island
- 👤 Tennis (indoor)
- 👤 Indoor climbing wall

👤 *Family-friendly*



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Summer Sports

Not only is Crans-Montana Central Europe's capital of golf, where the Omega European Masters takes place every year, but it is also well known for its mountain biking trails and hiking opportunities.

HALF-DAY TRIPS

Three 18-hole golf courses nearby in
Sierre (25 minutes)
Sion (30 minutes)
Leuk (30 minutes)

Picnic on the mountain tops

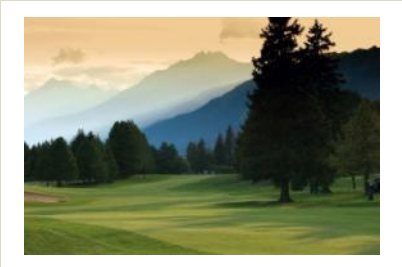
Our Favourite
The bisse du Rô walking trail, with magnificent views and stunning scenery.

CRANS-MONTANA

Two magnificent golf courses:

- 18-hole Severiano Ballesteros golf course famous for the Omega European Masters
- 9-hole Jack Nicklaus golf course located directly in front of the hotel

- 🧑‍🌾 Mountain Biking
- 🧑‍🌾 Walking trails in forests & vineyards
- 🧑‍🌾 Hiking on the mountain tops
- 🧑‍🌾 Waterskiing & wakeboarding at the "Beach"
- 🧑‍🌾 Tennis
- 🧑‍🌾 Rock-climbing
- 🧑‍🌾 Fun Forest
- 🧑‍🌾 Paragliding
- 🧑‍🌾 Hot air ballooning





Culture

Not only a region of sports, food and wine, Switzerland is full of history and culture, art and natural beauty, just waiting to be discovered.

HALF-DAY TRIPS

- The town of Sion, with its picturesque old town and medieval castles 🧑
- Giannada Museum in Martigny
- Europe's largest underground lake in St. Leonard 🧑
- Aslec, Culture & Leisure Centre, Sierre

CRANS-MONTANA

- 🧑 Cinema, with films in French and English
- 🧑 Miniature Train museum
- 🧑 Private language classes

DAY TRIPS

- Chaplin's World in Vevey 🧑
- Visit to the Swiss mountain resort of Zermatt and the famous Matterhorn 🧑
- Visit of the Olympic Museum, Lausanne 🧑

Our Favourite

Visit of the old town and medieval castles of Sion.





Gastronomy

There is so much more to Swiss dining than cheese fondue. Explore food at its best with our gastronomic recommendations.

HALF-DAY TRIPS

Visits to any of the 550 wine producers of the Valais

Wine tasting at the Chateau de Villa, followed by a traditional Swiss raclette meal with the best local cheeses

DAY TRIPS

Gruyères, the home of Gruyère cheese and Swiss chocolate makers with its medieval castle 🧀

Chocolate Train, Montreux to Gruyères 🍫

Trip to the Maison Caillers in Broc 🧀

Food Museum of Nestlé, Vevey

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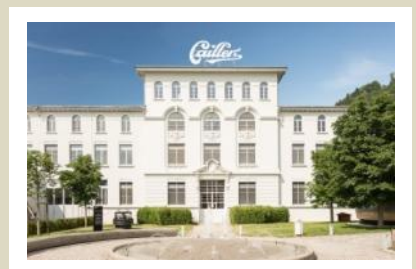
🧀 Artisanal cheese makers on the alpine pastures (summer)

Michelin-starred dining at the Gastronomique L'Ours and the LeMontBlanc

Other great restaurants:
Merbé, Zerodix, La Plage, Chetzeron, La Rôtisserie, Molino, Chez Chico, La Cabane des Violettes, La Dent Blanche, MiZUKi by Kakinuma

Our Favourite

*The Château de Villa
for wine tasting
& authentic raclette*





Wellness

With some of the purest air in Europe and over 300 day of sunshine per year, the heart of the Alps is the perfect place to enjoy some relaxation and spiritual reviving.

HALF-DAY TRIPS

Thermal baths in Lavey, Saillon, Leuk or Ovronnaz 🧘

Senses Trail, La Tzoumaz & the Chénéougua Trail, Chandolin 🧘
Discover the forest through your senses

Zen Garden, Aigle 🧘

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Oxygen facial treatments at the Guarda Golf Spa

Fitness classes with private coach

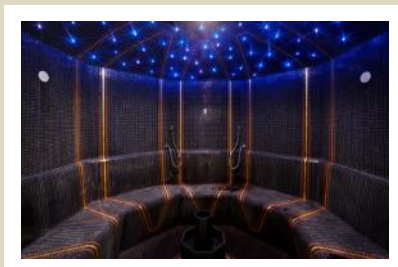
Yoga Classes

Yoga-hiking

Vita Trails – forest trails with exercise recommendations and facilities

Our Favourite

The healing properties of the thermal baths





Shopping

Crans-Montana benefits from the presence of many of the best known brands worldwide, from clothes to luxury watches.

DAY TRIPS

Shopping in Lausanne or Geneva

Shopping in Milan, Italy
(3.5 hours away)

Our Favourite

*The incredible choice of
shops in
Crans-Montana.*

CRANS-MONTANA

Louis Vuitton

Prada

Hermès

Rolex

Hublot

Boggi Milano

Cartier

Mont Blanc

Moncler

Zadig & Voltaire

Boutique First

Julia & Co.

Custo Barcelona

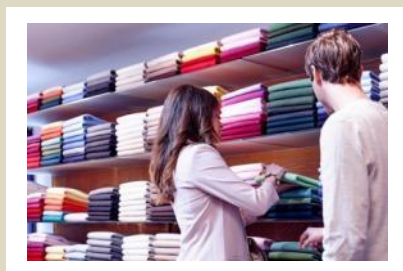
Chopard

Omega

Max Mara

Patek Philippe

and more...





Nightlife

Crans-Montana's nightlife is as varied as the activities available during the day. After dinner, it is worth exploring some of the bars and nightclubs of the resort.

BARS & CAFES

Cry d'Er - Club d'altitude
Après-ski at Zerodix
Café Bar 1900
Le Memphis
Le 66
La Petite Maison
Caviar House & Prunier

NIGHT CLUBS

Cry d'Er - Club d'altitude
Monk'is
Constellation
Moon Bar
Sky Club
Pacha
Harry's Club

OTHER

Casino
🧊 Forum d'Ycoor Ice Disco
(Saturdays in Winter)

Our Favourite

*Cry d'Er Club d'altitude -
Restaurant, bar
& nightclub at the top of
the ski slopes*



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CRANS MONTANA 
Absolutely

Annual Events


Several international sporting events and festivals are staged in Crans-Montana and the surrounding area every year. These are just some of the largest.

HALF-DAY TRIPS

Live Concerts at Sion sous les Etoiles Jul

DAY TRIPS

Montreux Jazz Festival Jul

Montreux Christmas Market Dec 

CRANS-MONTANA

Feb Audi FIS World Cup – Ladies Alpine Skiing

Apr Caprices Festival

Jul Jumping Longines Crans-Montana

Sept Omega European Masters

All Year Crans Montana Classics Concerts

All Year Concerts & Recitals by L'Instant Lyrique

Our Favourite

With its birthplace here in Crans-Montana, the Omega European Masters

